

# **Training Announcement**

\*Presented in Spanish\* Linguistically Responsive & Trauma Informed Principles and Interventions for Spanish Speaking Clients

With Jeanette Lopez-Urbina, LCSW

Monday, June 29th | 9am-2pm

Zoom wait room opens at 8:45a, course begins at 9a

Online | 4.5 CE Credits | No Fee

Click here to Login and Register\*

\*To register, please follow the link above and log in to your A Better Way Training account. If you do not yet have an account, please create one to sign up for this course

#### 4.5 CE Credits for LCSW, LMFT, LPCC & LEP, PhD, PsyD

A Better Way is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor Continuing Education for LCSW, LMFT, LPCC, LEP (62361), and the California Psychological Association (CPA) to sponsor Continuing Education for PhD, PsyD (ABE010). The California Board of Behavioral Sciences (BBS) recognizes CAMFT and CPA Continuing Education credit for license renewal. A Better Way maintains responsibility for this program and its content. Attendees must attend entire course for CE credit.



#### **\*TRAINING WILL BE PRESENTED IN SPANISH\***

Working with the Spanish Speaking clients in service delivery can present unique challenges, including addressing complex challenges related to immigration trauma that many families have experienced. Youth and families served by community-based agencies usually seek out services to address a multitude of needs, such as symptoms and behaviors stemming from trauma, but also other psychological and socio-political challenges. Therefore, providers that serve this population often feel "stretched" in trying to meet the needs of the families as well as work towards engaging families in a way that feels linguistically and culturally appropriate. Therefore, this training will support bilingual Spanishspeaking providers in practicing their bilingualism when providing services to this population, especially in the area of trauma informed principles, as well as support in building on their culturally responsive interventions.



#### Course Objectives

1.) Identify at least 3, culturally responsive approaches and interventions that support Spanish Speaking LatinX clients.

2.) Identify at least 3, trauma informed approaches and interventions that support Spanish Speaking LatinX clients.

3.) Practice bilingual skills in applying learned approaches and interventions to clients.

4.) Discuss at least 5, common challenges experienced when providing therapeutic services to Spanish-Speaking clients.

#### Trainer Bio

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Jeanette Lopez-Urbina, LCSW has worked in the mental health/social services field for over 18 years. She has worked in various settings in Northern and Southern California, including residential and community-based services, through services such as Wraparound, therapy and violence prevention work. Jeanette has worked extensively with youth and families, especially in the area of trauma, including supporting youth and families in specialized services that address gang

involvement, sexual exploitation, immigration trauma, and issues related oppression, racism, and acculturation issues. Jeanette is a bilingual Salvadoran-American professional who enjoys practicing from a social justice, relational, and psychodynamic approach. She currently holds a Private Practice in Berkeley and is a Clinical Supervisor for East Bay Agency for Children.

#### **Continuing Education**

To receive CE credit: Sign in and out, and include your license number (LMFT, LCSW...Etc.) on the signin sheet. CE Certificates can be downloaded and printed from your A Better Way account 10 days post course. Participants must attend entire course to receive CE Credits. CPA and CAMFT Accredited: A Better Way is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor Continuing Education for LCSW, LMFT, LPCC, LEP (62361) and the California Psychological Association (CPA) to sponsor Continuing Education for PhD, PsyD (ABE010). The California Board of Behavioral Sciences (BBS) recognizes CAMFT and CPA Continuing Education credit for license renewal. A Better Way maintains responsibility for our programs/courses and their content. Not all courses provide CE credit. Select courses only provide doctorate level CE credit. Contact the training department for details on a specific course.

#### Training Cancellation Policy

There is currently no charge for trainings for eligible participants. If a course must be cancelled, the course instructor and registrants are notified via phone and/or email no later than one week in advance. In the event that an instructor has an emergency and must cancel a course with less than a week notice, we will notify participants immediately via email and include information regarding a rescheduled date. We request email notification 48 hours in advance of training date from participants whom cannot attend a course.

#### Training Grievance Policy

A participant has the right to seek support for a dispute or disagreement through A Better Way's policies for filing complaints/grievances for visitors and employees. Participants may use available informal means to have decisions reconsidered before filing a formal complaint/grievance. No retaliation of any kind shall be taken against a participant for filing a complaint/grievance. In an effort to provide the highest quality services to participants in our trainings, you are encouraged to report immediately any concerns regarding your training to the Training Director who will provide the complaint form. All participant complaints/grievances should be in writing to: |Training Director | A Better Way Training Department | 3200 Adeline Street | Berkeley, Ca 94703; Or by email to trainings@ abetterwayinc.net. Once a complaint or grievance has been submitted, a response can be expected no later than ten (10) business days. Upon receipt, the Training Director will conduct a formal review of the complaint/grievance and will attempt a timely resolution. If no resolution is forthcoming, or the problem is not satisfactorily resolved, the participant may direct any complaint/grievance to the Director of Administration.

### **Disability Accommodation**

A Better Way will make reasonable efforts during the training to accommodate qualified individuals with disabilities and/or medical conditions in accordance/compliance with the State Fair Employment

and Housing Act (FEHA), Federal Americans with Disabilities Act (ADA) and applicable statutes. To request an accommodation due to a disability/medical condition during this training, please contact the Training Department (listed on the training announcement) no later than three weeks before the training unless otherwise arranged with training department. The training department meets all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).

By registering for our training, you are consenting to protect the confidentiality of our clients. Further, as an attendee you must abide by Private Health Information(PHI) and HIPAA guidelines/laws as it pertains to the to our program participants, and to not disclose participants' identities or information to any outside entities. We thank you for training with us, and honoring this ethical and legal practice in ensuring the safety of participants' right to privacy. A Better Way Training Department and contracted instructors do not discriminate against any individual or group with respect to any service, program or activity based on gender, race, creed, national origin, sexual orientation, religion, age, or other prohibited basis. Attendees are not required to adhere to any particular religion or creed in order to participate in training. No single modality of treatment is promoted or advocated for that is discriminatory or likely to harm clients based upon current accepted standards of practice.

## Please contact us with any training needs!

With gratitude, Title IV-E Training Department **A Better Way, Inc.** 3200 Adeline Street | Berkeley, CA 94703 | Phone: 510-601-0203 | Fax: 510-601-4002

This A Better Way course is sponsored in partnership with Alameda County Behavioral Health Care Services. Audience: Alameda County Behavioral Health (ACBH) clinical staff and contracted CBO providers are welcome. Capacity is limited. Open until filled.



